

An Existential Opportunity

Escape the confines of the boardroom and immerse yourself in a transformative journey at our Corporate Executive Work/Life Workshop Retreat. Amidst the serene backdrop of the !Khwatlu Nature Reserve, join fellow leaders in a quest to strike the perfect harmony between professional triumph and personal fulfilment.

This workshop retreat is not about strategies and spreadsheets; it's about delving into the deeper layers of your career and life. Explore the pivotal themes of career choice & change, merges & acquisitions, retirement, meaning in the workplace, and navigating identity with seasoned mentors and thought leaders by your side.



JOIN US 28th - 31st
October, 2024

Amidst rest and rejuvenation, this programme offers essential tools to harness the power of reflection and corporate coaching to enhance personal success, meaning in the workplace, and the legacy you wish to leave behind.

REINHARD PETER MOORS

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Executive Work/Life Workshop Retreat

The Journey of Balancing Corporate Success and
Your Own Well-being

existentialpraxis.com



WHY THIS WORKSHOP IS FOR YOU

Every executive will face difficult life issues throughout their career journey, such as job choice / change, finding meaning in the workplace, difficulty with relationships, burnout, retirement, promotion, and emigration. Issues like these are not light-hearted and can significantly influence your personal life and professional decisions.

Enter Existential Practitioner, Reinhard Moors: throughout the duration of this corporate executive retreat participants will be coached through an intriguing and holistic approach to executive development, fostering deeper self-awareness and authenticity in their leadership roles.

OUR SERVICES

Combining the unique amenities of the !Khwatlu Nature Reserve with our well-rounded and enriching programme experience, our services will address the diverse needs of corporate leaders seeking personal and professional growth in a supportive and rejuvenating environment.

- 1 Workshops & Master Classes**
Daily training sessions & group reflection that will equip participants with takeaway tools to understand & apply existential principles in the workplace & life
- 2 One-On-One Coaching Sessions**
Tailored sessions designed to foster clarity, enhance decision-making, and drive meaningful success
Optional
- 3 Wellness Activities**
Sunrise Yoga: promoting relaxation & mindfulness
Tai Chi: promoting stress reduction & mental clarity
- 4 !Khwatlu Nature Reserve Tours**
Specialised tours offering immersive wildlife experiences and compelling insights into indigenous culture & history
- 5 A Culinary Journey**
Indigenous cuisine tastings paired with healthy & nourishing meals from locally sourced ingredients
Daily Sundowners



REGISTER BY 30th September and Get 15% Off!

By attending this retreat, organisations demonstrate a commitment to investing in their leaders' development in a comprehensive and meaningful way.

4-DAY 3-NIGHT PACKAGE



Total: R18,000 Per Person

excluding VAT

Ready to achieve that work/life balance through a transformed professional outlook? **Book today to begin your journey.** Should you have any questions, feel free to email us at alexandra@existentialpraxis.com

24/7 Security	01	Bedroom	01	Hot Tub
01 Bathroom	01 Private Deck	01 Kitchen & Braai		

